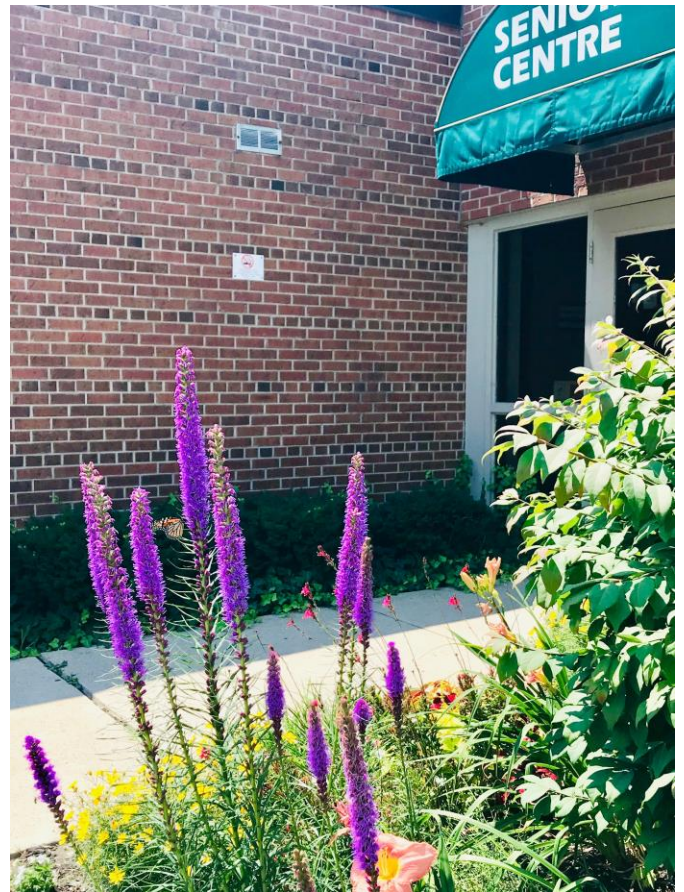


Be Happy, Be Healthy, Be Here!



The Tillsonburg Senior Centre opened its doors in 1990 and has been providing adults age 50-plus from Tillsonburg and the surrounding area with high-quality social and recreational programs ever since.

An incorporated not-for-profit organization, the Senior Centre operates in a wing of the Tillsonburg Community Centre, and is located at 45 Hardy Avenue, Tillsonburg. We're fully accessible and open Monday through Friday, 8:30 am – 4 pm.

Whether you want to meet new people, learn a new skill, or just get out and enjoy time with your peers, the Senior Centre is the place to be. We offer reasonable annual membership rates, nicely-equipped two-storey facility, highly-trained instructors who are knowledgeable about senior health and fitness, and a friendly staff who understand the importance of maintaining a healthy, active lifestyle in the senior years.

We'd love to see you, so stop by anytime for a tour! You can also call us at 519-688-2520, or e-mail us at nboutin.seniorcentre@gmail.com