

PICKLEBALL: BEGINNERS



INFORMATION

Indoor pickleball is a fun, social, and accessible sport that offers significant health benefits with low impact on the body. It's easy to learn the basic rules, the equipment is affordable, and the smaller court size makes it less strenuous than other sports like tennis.

This program is suitable for beginners and those new to pickleball. If you're a more experienced player, please check out Indoor Pickleball: Intermediate.

MEMBER
\$2.50

NON-MEMBER
\$4.50

Try the first
program free

DROP IN PROGRAM
REGISTRATION NOT
REQUIRED

Monday
1pm-3:30pm