

SEMINARS



SENIOR CENTRE

INFORMATION

Seminars are held at various times throughout the month. Please check the newsletter for information on what is offered this month.

If there is something you would like to see offered, please call the office at 519-688-2520 to discuss it.

Past seminars have included: Alzheimer's Society, Cogniciti Brain Health, CMHA, Osteoporosis Canada, and digital literacy

SPEAKER

Speakers are representatives from the company that can be considered experts in the topic.

**REGISTRATION REQUIRED
MINIMUM 48 HOURS IN
ADVANCE OF SESSION**

Free to
attend

As Scheduled