

PICKLEBALL: INTERMEDIATE



INFORMATION

Indoor pickleball is a fun, social, and accessible sport that offers significant health benefits with low impact on the body. It's easy to learn the basic rules, the equipment is affordable, and the smaller court size makes it less strenuous than other sports like tennis.

This program is set for players that are experienced at the game and not quite at an advanced level yet. Games can be expected to be quick-paced.

There are two time slots available. Please sign up in the Auditorium on the Pickleball sheet.

**REGISTRATION FOR YOUR
TIME SLOT IS REQUIRED.
SIGN UP IN THE AUD**

**MEMBER
\$2.50**

**NON-
MEMBER
\$4.50**

**Try the first
program free**

**Thursday
11:30am-1:30pm
1:30pm-3:30pm**