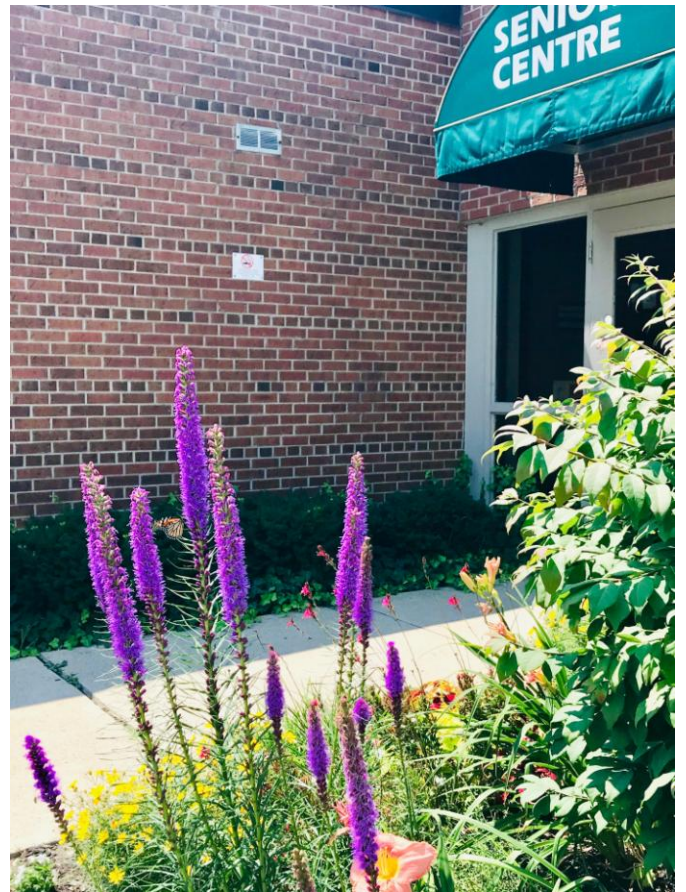


**Be Happy,
Be Healthy,
Be Here!**



The Tillsonburg Senior Centre opened its doors in 1990 and has been providing adults age 50-plus from Tillsonburg and the surrounding area with high-quality social and recreational programs ever since.

Whether you want to meet new people, learn a new skill, or just get out and enjoy time with your peers, this is the place to be. We offer reasonable annual membership rates, a fully-accessible two-storey facility, highly-trained instructors who are knowledgeable about senior health and fitness, and a friendly staff who understand the importance of maintaining a healthy, active lifestyle in the senior years.

We're open Monday through Friday, 8:30 am – 4 pm with some evening programs available. We'd love to see you, so stop by anytime for a tour!